



UNDERSTANDING SELF & OTHERS

Weekly process group for graduate and professional students

Join us to:

- Build intimacy with others through mutual vulnerability
- Experiment with different ways of interacting with others
- Receive feedback, so you can know how you impact others
- Give feedback, so you can learn how to better communicate your reactions, feelings, and thoughts.

Tuesdays 9:00 - 10:30 am

OR

Wednesdays 10:00 - 11:30 am

For more information, please contact:
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